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News this month...

Dear Cancer Champions,

We hope you are all keeping well and staying safe.

You may have seen news reports about people not using health services for non-corona health worries. It's good that we are protecting the NHS but we need to use it when we need it! A recent study expressed concerns that a possible extra 18,000 cancer deaths could result from delays in treatment and diagnosis. This is why it is important to continue to raise the issue of cancer, while keeping safe!

Carisma, Answer Cancer and Kirit

Kirit Patel from Answer Cancer met up with Erinma Bell, on Radio Africana, to discuss campaigning to raise awareness about signs and symptoms of cancer and the impact on BME communities. Kirit's key message: "If you're worried, ring your GP!"

You can listen back to the show below.

[Listen back](#)

Answer Cancer Grant Fund

The Answer Cancer Fund is open to applications from voluntary, community and

ways. Here's some of our suggested approaches... [link to slides from Kirit and Michael on cancer champs website] but we're open to all ideas!

Dates to note:

- Online Meet the Funder Session: Tuesday 5th May 1.00pm – 2.00pm. To register for a Meet the Funder session please email grants@salfordcvs.co.uk
- Application deadline is now Monday 18th May.

Find out more



Bowel Cancer Awareness Month

During the COVID-19 crisis, it's understandable that you may have missed that April was bowel cancer awareness month. However, as the second biggest cancer killer in the UK, it's important that we are all aware of the common signs and symptoms of this type of cancer. These include:

- Persistent and unexplained change in bowel habits.
- Feeling the need to empty your bowel, that is not relieved even when it is done.
- Feeling of a lump in your tummy.
- Unusual cramping or pain in the abdomen.
- Unintended weight loss.
- Extreme tiredness or fatigue.
- Bleeding from your bottom/seeing blood in your poo.

If you are experiencing any of these issues, please contact your GP!

Find out more about Bowel Cancer



Nour Al-Sham Foundation

We are pleased to welcome the Nour Al-Sham Foundation as an Organisational Cancer Champion!

Throughout December 2019 they organised three cancer screening awareness and Cancer Champion recruitment events in Moss Side, Longsight and Harpurhey. These events targeted women & men from the Somali, Arab & African communities. Answer Cancer's Nana Opoku (pictured above) delivered these sessions, working to break down the stigma surrounding cancer by debunking the common misconceptions, sharing accurate information on cancer screenings and cancer risk reduction through healthy living, You can read more about this work [here](#).

To find out more about becoming an Organisational Cancer Champion and what this involves, please click the link below.

[Find out more](#)

For advice on Coronavirus for people worried about cancer or already diagnosed please visit:

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