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News this month...

Dear Answer Cancer Champions,

As parts of Greater Manchester head back into lockdown whilst others are gradually being released, we are continuing to offer the full range of our training and events as online-only sessions. Just this week we held our latest Stakeholder Collaborative via Zoom where we were delighted to hear from Caring and Sharing Rochdale, one of our Organisational Answer Cancer Champions, and Asha Mehta, who is an Answer Cancer Champion. You can watch their presentations back on our YouTube Channel [here](#).

You can find details of upcoming training and drop-in sessions below, and we hope you can join us at one of these sessions.

Meanwhile as you may know, October marks both Breast Cancer Awareness Month and Black History Month. We will be running campaigns to mark these events, and we would like you as Answer Cancer Champions to get involved. This can be by making a video, sharing messages on Social Media or with your friends and family, or taking part in online activities. More details will be sent to you in the coming weeks so please keep an eye out!

Induction & Drop In Sessions

Answer Cancer would like to invite Champions to take part in two online sessions.

Firstly, an induction session aimed specifically at new Answer Cancer Champions, but which may also be a useful refresher for existing or returning Champions.

updates on the project and the chance to meet Answer Cancer staff and other Answer Cancer Champions. Neither require advance booking so just look at the details below and join us when you can.

Upcoming dates are as follows:

Answer Cancer Champion Induction Sessions

Our 1-hour induction sessions are perfect for newly signed up Answer Cancer Champions. These sessions include:

- the basics you need to know to get started,
- information on the support Answer Cancer offers Champions,
- the chance to meet other Answer Cancer Champions,
- an opportunity to ask any questions you've got.

The next induction sessions are taking place on:

- 11am-12pm on Saturday 12th September
Zoom link: <https://tinyurl.com/CCInduction120920>
Meeting ID: 826 7416 0442
Passcode: 957603
- 12pm-1pm on Monday 28th September
Zoom link: <https://tinyurl.com/CCInduction280920>
Meeting ID: 833 5140 4309
Passcode: 786424

Registered Champions will be awarded an official Answer Cancer Champions certificate on completion of their induction.

Answer Cancer Champion Drop-In Sessions

Answer Cancer host regular drop-in sessions four times per month. These sessions have a relaxed, casual format. They're our way of making sure we keep in good touch and an opportunity for Champions to access the (virtual) face-to-face support of Answer Cancer staff and other Answer Cancer Champions.

Attendance of these drop in sessions is optional but please stop by if you'd like to:

- update us on how you've been getting on,
- find out about upcoming Answer Cancer Champion opportunities, activities and campaigns you could get involved in,
- get some advice, support or direction,

The next induction sessions are taking place on:

- 10am-11am on Friday 18th September
Zoom link: <https://tinyurl.com/CCDropIn180920>
Meeting ID: 889 0712 0270
Passcode: 676097
- 5:30am-6:30pm on Wednesday 23rd September
Zoom link: <https://tinyurl.com/CCDropIn230920>
Meeting ID: 813 3013 1770
Passcode: 161189

Meet our Answer Cancer Champions

This month we hear from Cedric Knipe from Altrincham:

"I was diagnosed with Prostate Cancer in 2005 following tests having discussed my father's experience with prostate cancer with my GP. I was tested, diagnosed and started treatment within only a couple of weeks. The Christie discharged me in 2010 with a recommendation of regular PSA (prostate-specific antigen) tests.

I am grateful for the prompt treatment I received and have since been involved in various types of voluntary work relating to cancer including Answer Cancer Champions. Other activities I am currently involved in include:

- Prostate Cancer UK [March the Month](#) doing 11,000 steps a day during September;
- [The Forgotten 'C'](#) – a MacMillan Cancer Support campaign which is asking the government to publish national cancer recovery plan following the disruption and delays caused by coronavirus
- The Carers Research Advisory Panel alongside researchers from Manchester University drawing up recommendations to deal with mental health issues for carers.

I hope that by sharing my experience and taking part in these initiatives I can encourage others to get involved and spread the message of the importance of and talking to your GP as soon as possible if you have any concern about cancer."

September Training Dates

Free online training sessions from Answer Cancer, the Greater Manchester Screening Engagement Service. Different dates and times available to suit you.

You need to register in advance to attend these sessions. You can join as many as you like. **Click on the links to register** and find out more.

All sessions are fun, interactive, and informative.

NEW – Train the Facilitator – Training for Answer Cancer Champions

This course aims to equip Answer Cancer Champions with the skills, knowledge (and above all) the confidence to be able to run a short cancer awareness session. These interactive sessions cover a range of presentation and facilitation techniques that will enable Champions' greater opportunities to become more involved within their communities by improving their training communication skills

The course will run for 2 half days over 2 consecutive weeks. Participants will need to attend both sessions to secure their place. Participants will be asked to complete home study.

This course is aimed at existing Cancer Champions who have previously completed either 'NHS Cancer Screening Programmes' or 'The Whole Works' Cancer Champion training (if you are unsure if you qualify please contact actraining@uni.uk.net).

Session 1: Tuesday 22nd September, 10:00am – 12:30pm **Register in advance:**

<https://us02web.zoom.us/meeting/register/tZwsfuiogD4uGtPo1XrSGHj8wljJpfcEa7iR>

Session 2: Tuesday 29th September, 10:00am – 12:30pm (automatically enrolled)

*Please see below for 2 more NHS Cancer Screening Programmes training dates if you haven't already completed this training and want to attend Train the Facilitator training.

NHS Cancer Screening Programmes

This session will super charge your knowledge and understanding of the 3 NHS Cancer Screening Programmes and why they are so important. You will learn who's eligible, what's involved, and what messages and approaches can help

Thursday 17th September 1:00pm –

2:15pm: https://us02web.zoom.us/webinar/register/WN_iihNKmOXQxK_w4BdFOP7tA

Friday 18th September 10am-

11:15am: https://us02web.zoom.us/webinar/register/WN_IMoGLYhcT26APL23lBLhJA

Creative Approaches to Online and Remote Engagement

*This training has proved very popular and due to high demand, we are putting on more sessions.

It can feel like a challenge to successfully reach and engage your communities, group members and contacts. Social distance restrictions add even more complexity. This training will help by sharing different approaches to help you reach your audiences. We will cover how to use social media, including Facebook Live and Instagram Stories, we will give an overview of Zoom and ways to incorporate it in awareness raising, and how WhatsApp can add to your tools. We will even share ways to get large groups of people to a meeting and free ways to conference call.

Thursday 24th September 1:00pm-

2:30pm: <https://us02web.zoom.us/meeting/register/tZUoduChrTouGNF5hFPXcjPRNt4cEmngnWYz>

Please sure to register BEFORE each session – It's essential you do this to be able attend (You need to register for a Zoom account first. Then register for the training – Zoom will generate a link for you to use to join each session registered for – the links below will NOT enable you to attend, they are for registration ONLY!)

For advice on Coronavirus for people worried about cancer or already diagnosed please visit:

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