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Get involved in Cervical Cancer Prevention Week - 18th-24th January

Dear Answer Cancer Champions,

Hello and welcome to this special ebulletin where we will be telling you all about our plans for Cervical Cancer Prevention Week and how you can get involved.

Every day, around eight women in the UK are diagnosed with cervical cancer. Sadly, around a quarter of those people will die from the disease, which is most common amongst amongst those aged 30-34.

However, the positive news is that most instances of cervical cancer can now be prevented! This can be done in one of two ways:

- The [HPV vaccine](#), which is offered to all schoolchildren, both boys and girls, in year 8. This protects against the HPV virus which causes over 90% of cervical cancer cases, along with a number of other types of cancer.
- [Cervical Cancer screening](#), also known as the smear test, which all women aged 25-64 are invited to attend. This detects abnormal cells and allows them to be treated before they can turn cancerous.

We need to encourage everyone who is eligible to take part in both of these to help prevent cervical cancer, and the information in this ebulletin will help you to get started with this.

If you have any questions about anything in this email, please contact:

info@answercancergm.org.uk

Answer Cancer have produced a series of resources to help you promote Cervical Cancer Prevention week, which can be downloaded [here](#) (please note that this link will expire on Thursday 23rd January - email us if you need a new one). These include social media graphics, posters and videos.

Please find below some ideas on how to use these resources to engage with your communities over the upcoming awareness week.

- To raise awareness, share them on your social media feeds (e.g. Facebook, Twitter, Instagram etc) using the hashtag **#IScreenYouScreen**. Please also keep an eye out for messages from our social media feeds and share these to help amplify the message.
- Share them with friends, family or colleagues via email or WhatsApp.
- Use them as the basis for a Zoom or Facebook Live session with your friends or community. Why not ask for a slot in your next work team meeting to show one of the videos?

Please contact us if you need any support or would welcome a member of the Answer Cancer team to speak at your event. We encourage you to be creative and come up with different ideas for getting the message across!

[Download the resource pack here](#)

Training: Cervical Cancer Awareness, Screening & Prevention

During Cervical Cancer Prevention Week, we will be running several online training sessions to highlight cervical cancer, awareness, prevention and screening.

Cervical cancer can be prevented: this training seeks to show women how they can protect themselves and share messages through their networks that may help family, friends and co-workers do the same.

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Please book as soon as possible to secure your place!

If you aren't able to attend these sessions, don't worry, we have more training coming up in the next few months. These will cover cervical cancer as well as other NHS screening services. See all upcoming training dates [here](#).

LGBTQ+ Communities and Cervical Cancer

Although we usually think about women in relation to cervical cancer and screening, it's important to remember that anyone with a cervix can be affected, and this may include some Trans Men and non-binary people.

This can be a difficult and sensitive subject to raise, so we have produced a short video as part of our resource pack for Cervical Cancer Prevention Week which deals specifically with this issue. You can also visit the Jo's Cervical Cancer Trust website who also have produced information in partnership with the LGBT Foundation [here](#).

The key message is that anyone with a cervix is eligible for cervical screening, however you may need to speak to your GP to be invited, especially if you are registered as male.

Finally, as a reminder we are still interested to hear from anyone who has a personal experience of cervical cancer or screening which they are happy to share. Please do get in touch if this is you!

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