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## Dear Answer Cancer Champions,

Hello and welcome to our latest ebulletin, where we will tell you about a number of upcoming activities and events, share some important information about cancer and screening; and start the build up to Bowel Cancer Awareness Month in April.

For now, all of our events remain online due to Covid-19 restrictions. However, we are pleased to say that a number of our Answer Cancer staff team have received their first dose of the vaccine, and we hope to resume face-to-face sessions and events in the not-to-distant future. We hope that you are all taking up the vaccine as soon as you are eligible. Remember, as well as protecting yourself, by getting vaccinated you will also help protect your family, friends and vulnerable members of your community. For more information on the vaccine, please see [here](#).

If you have any questions about anything in this email, please contact:

[info@answercancergm.org.uk](mailto:info@answercancergm.org.uk)

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## Let's Talk Cancer, Let's Choose To Challenge!

### Wednesday 24th March 2021 6.00pm Online

To celebrate International Women's Day Answer Cancer have spent the whole of March choosing to challenge health inequalities! Although our month of

We're delighted to invite YOU to attend to our Let's Talk Cancer, Let's Choose to Challenge online event on **24th March, 6pm-7pm via Zoom**. This will be a wonderful opportunity to learn more about what cancer screening programmes are available to you – making sure you are in a position of power over your own health.

Since Cancer is everyone's business – everyone's invited! If you live or work in Greater Manchester and you want to learn more about cancer prevention, please book a ticket to attend this event.

### **Book Your Place**

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## **Training: Women & Cancer**

### **Wednesday 10th March 2021, 10.30am via Zoom**

To celebrate International Women's Day, this course focuses on promoting positive health, wellbeing and cancer awareness & prevention messages for women and those with an interest in women's health. This training seeks to show women how they can protect themselves and share key messages through their networks that may help family, friends and co-workers do the same. This session will be fun and interactive, with practical tips that women can takeaway and share with others.

This session is open to anyone living within the Greater Manchester area with an interest in promoting positive cancer awareness messages to family/friends/work colleagues or anyone else within your local community.

### **Book your Place**

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## **Drop-In and Induction Sessions**

Whether you are a new or existing Answer Cancer Champion, please come along to one of our regular Drop-In or Induction sessions to keep in touch with the

**Induction sessions** are designed for new Answer Cancer Champions to introduce you to the programme and give you all of the information you need to get started.

- Monday 8th March 2021, 12.00pm - [Book Here](#)
- Saturday 20th March 2021, 11.00am - [Book Here](#)

**Drop-In sessions** are informal events with no pre-booking required. Just come along and get involved.

- Wednesday 17th March 2021, 5.30pm - [Join Here](#)

**We hope to see you at one of these events!**

## Bowel Cancer Awareness Month

As you may be aware, April is Bowel Cancer Awareness Month. We will be announcing our programme of events and resources later this month, but for now we want to hear from you!

**Please email us with your questions or anything you would like to know about bowel cancer.** This can be anything which you are unsure about such as symptoms, treatments, causes and screening. We will use these to put together a Frequently Asked Questions and hopefully increase knowledge and awareness around bowel cancer.

Please send your questions to: [info@answercancergm.org.uk](mailto:info@answercancergm.org.uk)

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## Priorities for breast cancer research

One of our Answer Cancer Champions, Dr Julie Wray, has been involved in a piece of research to determine the breast cancer research priorities of the public compared with those identified by clinicians and scientists.

This involved speaking to female patients, their family and friends along with support groups and the general public in the North West of England.

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along with possible side effects of treatment. There was some agreement in the areas of screening, prevention and breast reconstruction.

You can read the full study [here](#).

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For advice on Coronavirus for people worried about cancer or already diagnosed please visit:

[Cancer Research](#)  
[Macmillan Cancer Support](#)  
[Teenage Cancer Trust](#)

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